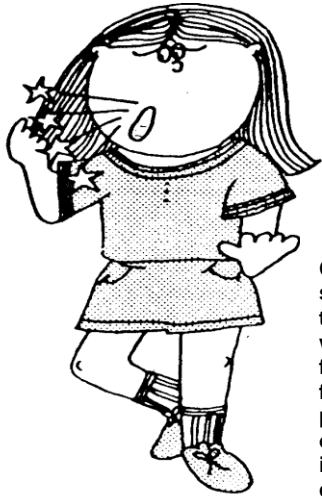
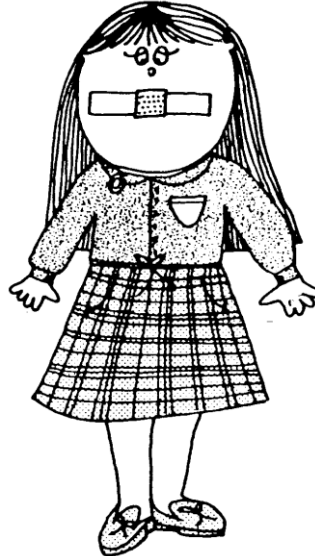


First Aid for Dental Emergencies



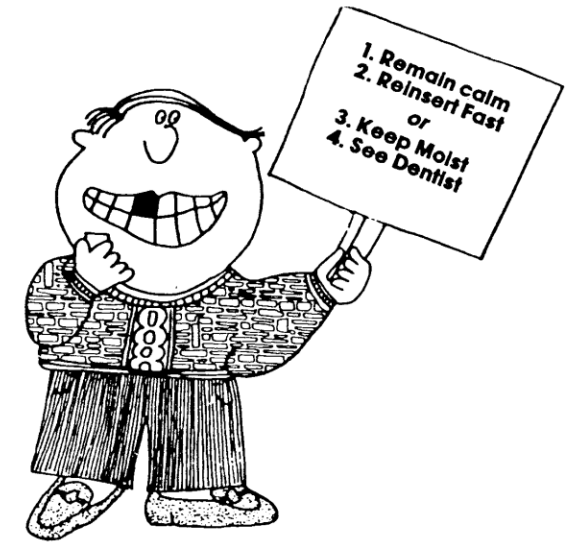
Toothache

Clean the area around the sore tooth thoroughly. Rinse the mouth vigorously with warm water or use dental floss to dislodge trapped food or debris. **DO NOT** place aspirin on the gum or on the aching tooth. If face is swollen, apply a cold compress. Take Tylenol for pain, and see your child's pediatric dentist as soon as possible.



Cut or Bitten Tongue, Lip or Cheek

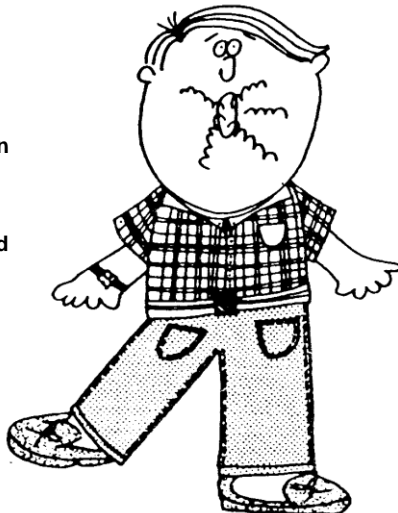
Apply ice to bruised areas. If there is bleeding, apply firm but gentle pressure with a clean gauze or cloth. If bleeding does not stop after 15 minutes or it cannot be controlled by simple pressure, take the child to a hospital emergency room.



1. Remain calm
2. Reinsert Fast
- or
3. Keep Moist
4. See Dentist

Broken Braces and Wires

If a broken appliance can be removed easily, take it out. If it cannot, cover the sharp or protruding portion with cotton balls, gauze, wax, or chewing gum. If a wire is stuck in the gums, cheek, or tongue, **DO NOT** remove it. Take the child to a dentist immediately. Loose or broken appliances which do not bother the child don't usually require emergency attention.



Other Emergency Conditions:

Possible Broken Jaw: If a fractured jaw is suspected, try to keep the jaws from moving by using a towel, tie, or handkerchief. Then take the child to the nearest hospital emergency room immediately.

Bleeding After a Baby Tooth Falls Out: Fold and pack a clean gauze or cloth over the bleeding area. Have the child bite on the gauze with pressure for 15-20 minutes. This may be repeated once. If bleeding persists see a dentist.

Cold/Canker Sores: Many children occasionally suffer from "cold" or "canker" sores. They usually resolve in 10-14 days, over-the-counter preparations give relief. Because some serious diseases may begin as sores, it is important to have a dental evaluation if these sores persist.

Knocked Out Permanent Tooth

Find the tooth. Handle the tooth by the top (crown), not by the root portion. You may rinse the tooth, but **DO NOT** clean or handle the root unnecessarily. Try to reinsert the tooth in its socket. Have the child hold the tooth in place by gently biting on a clean gauze or cloth. If you cannot reinsert the tooth, transport the tooth in a cup of milk or saline. See a dentist **IMMEDIATELY!** Within 20 minutes is best. **TIME IS A CRITICAL FACTOR!**



Broken Tooth

Rinse any dirt from the injured area with warm water. Place a cold compress over the outside of the face in the area of the injury. Find and save any broken tooth fragments. Immediate dental attention is necessary!

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